

CR II Program
June 5 through June 8 2003
John Bascom meeting room

Wednesday June 4 Evening 7:00

Informal Welcome Gathering and Meeting Registration
Basement Lounge of Residence Hall

Thursday June 5 Morning 8:30

- Meeting Registration
- Lisa Walford: *Yoga Practice as a Complement to CR: Discussion and Demonstration*
(wear loose-fitting clothing for this event)
- Doug Younkin: *Experiences At the Lower Edge of BMI*
- Joseph Kemnitz: *Glucoregulation in CR Monkeys*

Thursday June 5 Afternoon 1:30

- Tom Prolla: *Gene Expression in Calorie Restriction*
- Jamie Barger: *Calorie Restriction as a Hibernation Mimetic*
- Dale Schoeller: *Metabolic Rate and CR*
- Josh Mitteldorf: *Evolution and Calorie Restriction*

Friday June 6 Morning 9:00

- Sterling Johnson: *Neuroimaging in CR Monkeys*
- Greg Cartee: *Effects of Calorie Restriction on Insulin Signaling and Action in Skeletal Muscle*
- Ricki Colman: *Body Composition in CR Monkeys*

Friday June 6 Afternoon 1:00

- Michael Sherman: *Priorities, or The Gospel According to sherm*
- Michael Rae: *Supplements and Calorie Restriction*
- Luigi Fontana: *Calorie Restriction and Longevity: Metabolic and Cardiovascular Effects of a Long-Term CR Diet in Humans*

Saturday June 7 Morning 9:00

- Richard Lord: *Laboratory Tests to Track CR Results*
- Scientific Panel: Discussion and Q & A session

Saturday June 7 Afternoon 1:00

- Robert Krikorian: *Personality and Calorie Restriction*
- Mark Cummins: *The Psychology of CR Motivation: Calorie Restriction and Denial of Death*
- Dean Pomerleau: *Psychological Effects of CR*
- Brian Manning Delaney: *Why Life Extension?*

Sunday June 8 Morning 9:30

- Richard Weindruch: *Caloric Restriction and Aging: An Historic Overview*
- Society Business Meeting
Current status of Society and Nonprofit
Future Directions for the Society